

Adigu is ilaali dadka kalena ka ilaali in cudur ku faafo



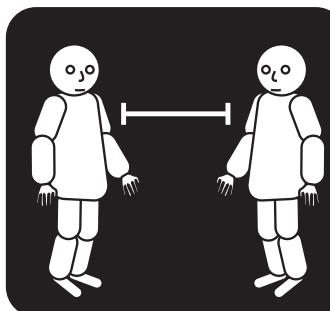
- Dhaq gacmaha inta badan. Adiga oo isticmaalaaya saabuun iyo biyo kulul. Ugu yaraan 30 ilbiriqsi.



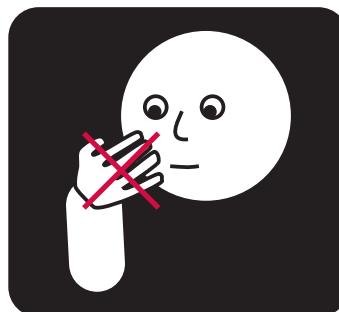
- Joog guriga haddaad xanuunsan tahay. Xataa haddaad dareemayso wax yar oo astaamaha cudurka ah.



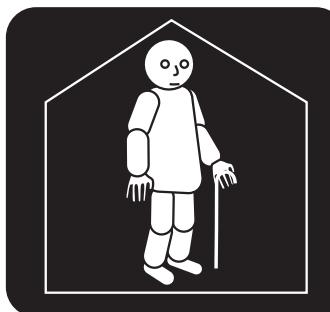
- Ku qufac oo ku hindhis laabtada gacanta.



- Haku dhawaanin dadka kale. Xataa saaxibadaada.



- Iska ilaalin inaad taabato indhaha, sanka iyo afka.



- Guriga iska joog hadaad tahay kabaden 70 sano.